



THE  
WELLNESS  
SHOW

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## The 2021 Wellness Show Goes Online! January 31-February 14

North Vancouver, BC: New Rave Productions is pleased to announce The Wellness Show At-Home 2021. The 29<sup>th</sup> Annual Wellness Show was scheduled for February, 2021, at the Vancouver Convention Centre, but with safety being top priority for our team and attendees, we have postponed the live show to February 12 and 13, 2022.

In the place of the 2021 show, we have created an online show, and will include all the elements of The Wellness Show attendees have grown to know and love over the past nearly three decades.

The Wellness Show At-Home 2021, presented by Nesters Market, runs from January 31 to February 14!

Just like our real-life trade show, our new online event will feature hand-picked exhibitors highlighting the latest in healthy living with a special focus on **being healthy at home**. Discover new approaches to nutrition, fitness, physical and emotional well-being as you tour the online stages and check out local exhibitors offering services and products for your wellbeing. Educate and empower your healthiest self, all from the comfort of your home, while still in your pjs!

The virtual show includes:

- Online seminars from leading experts in health and wellness
- Online fitness, movement and stretch classes
- Online wellness demos and educational talks
- Coupons and discount products from some of your favourite Wellness Show exhibitors
- Automatic entry into grand prizes, which includes a stay at the Kingfisher Resort and Spa, Sabai Thai Massages, Skoah Facials, and a stand-up paddleboarding party from Vancouver Water Adventures.

All for FREE and all from the comfort of your own home!

The Wellness Show At-Home 2021 runs from January 31, 2021 to February 14, 2021. For more information, and to sign up, click here: [https://www.thewellnessshow.com/2021\\_registration/](https://www.thewellnessshow.com/2021_registration/)