



SAVE THE DATE

The Wellness Show Returns to Vancouver in 2024

**Health & Wellness Exhibitors and Speakers Gather at the
Vancouver Convention Centre February 3 & 4, 2024**

OCTOBER 26, 2023, VANCOUVER, BC / Traditional territory of the xʷməθkʷəy̓əm (Musqueam), Sḵwx̱wú7mesh (Squamish), and səliłwətał (Tsleil-Waututh) Nations - [The Wellness Show](#) returns to Vancouver celebrating its 31st anniversary as the West Coast's largest showcase dedicated to nutrition, fitness, physical and emotional wellbeing. Produced by New Rave Productions, The Wellness Show takes place February 3 and 4, 2024 at the Vancouver Convention Centre.

For 2024, The Wellness Show includes more than 200+ exhibitors, 100+ speakers on a variety of wellness topics and a cooking stage, all with the goal of helping Vancouverites live their healthiest, best lives.

“We are thrilled to bring The Wellness Show to Vancouver audiences and celebrating every aspect of wellness during our 31st anniversary,” said Jeannette Savard, New Rave Productions Marketing & Production Manager. “As we celebrate over three decades focused on wellness, its incredible to watch the growth and diversity in this industry as consumers continue to take more control of their own health. Our event has continued to evolve and provides an opportunity for attendees to learn more about women’s health, fitness and living well through seminars and workshops offered throughout the weekend event. It’s also an excellent opportunity for attendees to learn more about products and services as they connect with exhibitors and discover products that are locally available.”

Throughout the weekend, 40 cutting edge stage presentations will host speakers discussing today’s most pressing health and wellness concerns. The Celebrity Cooking Stage will feature celebrity chefs and award-winning cookbook authors. Join one of the experts at a seminar stage and learn new ideas on keeping your family healthy, taking care of yourself and focus on women’s health. Pickleball BC will be at the event with a Live Demo on a full-sized court featuring demonstration matches, “try it yourself” opportunities, and experts on hand to answer all your questions about pickleball.

Added Savard, “Last year we had over 15,000 visitors come to The Wellness Show, many who came just for the seminars to learn more about their own wellness journey.

This weekend is an excellent opportunity for people who are eager to learn and discover ways to increase their personal wellness and embrace a healthier lifestyle. These stages give personal insights into common topics and exhibitors at The Wellness Show are poised to educate attendees.

The Wellness Show opens its doors from 10 am to 6 pm on Saturday, February 3, and 10 am to 5 pm on Sunday, February 4.

The Wellness Show is sponsored by Nesters Market and takes place at the Vancouver Convention Centre, West Building, 1055 Canada Pl in downtown Vancouver.

General Admission tickets are \$12.00 (includes GST) and include admission to all seminars, demonstrations and workshops. 15 and Under are Free! Tickets go on sale December 1, and will be available online at thewellnessshow.com, or at the door.

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ABOUT THE WELLNESS SHOW

Developed, marketed, and produced by New Rave Productions, the Wellness Show has grown to be one of the largest consumer shows of its kind in Western Canada. The Wellness Show is over two days and features 200+ exhibitors, 100+ speakers, and cooking demonstrations.

ABOUT NEW RAVE PRODUCTIONS

New Rave Productions has produced events for almost 40 years. Founded and led by Jeannette Savard; NRP specializes in outdoor events, conferences and consumer shows. Attention to detail, excellent customer service, and industry relevant expertise – our goal is to create the best event experience for you.

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